

What is Lixiana®?

In consultation with your doctor, you have been prescribed a medicine called Lixiana®.

Lixiana® is a type of medicine called a Direct Oral Anti-Coagulant (DOAC), that like warfarin, makes the blood take longer to clot. This is important for preventing strokes caused by atrial fibrillation (AF) or for treating venous thromboembolism (VTE), which is a blood clot in a vein and covers two related conditions: deep vein thrombosis (DVT); and also pulmonary embolism (PE) which may be a complication of DVT.

How do you take Lixiana®?

Take your tablets at the dose prescribed by your doctor. You should have been told to take one Lixiana® tablet once per day. Swallow the tablet, preferably with water, at the same time every day.

Lixiana® can be taken with or without food.

What if you forget to take Lixiana®?

If you remember on the same day:

• Take the tablet immediately and then take your usual dose the next day.

If you remember the next day or later:

 Take your usual dose for that day. NEVER double the prescribed dose in a single day. It is very important to take the tablets exactly as directed. Never take larger or more frequent doses.

What about potential side effects?

Like all anticoagulant medication, there may be an increased risk of bleeding while taking Lixiana®. Speak to your doctor immediately if you experience any of the following signs of bleeding:

- Bruising or bleeding under the skin
- Nose bleed or cuts that take a long time to stop bleeding
- Red or dark brown urine
- Coughing up or vomiting blood or ground coffee-like material

- Red or black stools
- Bleeding gums
- Bleeding that does not stop by itself
- Abnormally heavy periods or unexpected vaginal bleeding

Bleeding is not always obvious. If you experience any side effects, talk to your doctor or pharmacist. It is important NOT to stop taking Lixiana® without talking to them first.

What precautions can you take?

To help prevent an increased risk of bleeding while taking Lixiana®:

- If you bleed as a result of a minor injury, apply constant pressure
 to the site for at least 5-10 minutes using a clean dressing. If you
 can't stop the bleeding, or if you have a major injury, seek medical
 help immediately.
- Tell your dentist you are taking Lixiana® before starting dental treatment. Your dentist will decide if he or she needs to take any special precautions.

Taking Lixiana® if you are pregnant or breastfeeding is prohibited. If you are a woman of childbearing age and you think you may be pregnant or are planning a pregnancy, consult your doctor immediately.

Patient alert card

You will find a patient alert card in the pack with your tablets for you to fill in. This card contains important information about your treatment, your doctor and emergency contacts. You should carry this at all times and present it to your healthcare professional, pharmacist, surgeon or dentist before any medical treatment or intervention.



Start Lixiana® when your doctor tells you to do so. Always follow the instructions given by your doctor and take the prescribed dose of your medication.



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