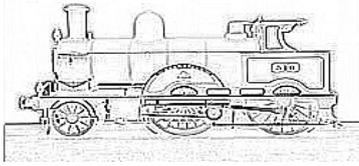


Heanor Road, Ilkeston DE7 8ES

T: 01159301105

W: www.oldstationsurgery.co.uk



Welcome to the 15th Issue of our Newsletter; we hope you will find it informative

If you have any comments or suggestions on what we should include in the future releases, please let us know via the suggestions section on our website at www.oldstationsurgery.co.uk

Content:

- 1. Flu season is back**
- 2. New RSV vaccination programme**
- 3. Friends and Family Tests results**
- 4. Getting to know us-staff update.**

Surgery Closures

All of our surgeries will also be closed on the following days from 12.30 for staff training :

Wed 11th September

Wed 9th October

Wed 13th November

Please ensure you have ordered and collected any necessary prescriptions before closure, remembering to allow 48 hours from the time of your request.

PPG Meeting Date:

Next PPG Meeting will be held on **Tuesday 10th September 2024 at 18.00** at Old Station surgery.

All Welcome!!!

Flu season is back!

Flu is not just a heavy cold. Flu occurs every year, usually in the winter, which is why it's sometimes called seasonal flu. It's a highly infectious disease with symptoms that come on very quickly. A bad bout of flu can be much worse than a heavy cold.

Flu vaccines help protect against the main types of flu virus circulating.



Who is eligible to receive flu vaccine?

You should consider having the vaccine if you have any long-term health condition or you are:

- aged 65 years or over
- pregnant
- living in a residential or nursing home
- the main carer of an older or disabled person
- living with someone who has lowered immunity due to disease or treatment
- a frontline health or social care worker

Children and flu vaccination

The following children are being offered the flu vaccine this year:

- those over 6 months of age with certain health conditions
- all 2 and 3 years of age on 31 August
- all primary school-aged children
- some secondary school-aged children (Years 7 to 11)

Children aged 2 and 3 years will be given the vaccination at their general practice, usually by the practice nurse.

School aged children will be offered a flu vaccine in school or can be vaccinated at community clinics. This is to help protect them against the disease and help reduce its spread to both other children and their parents and grandparents.

Our flu clinics are now available to book, so please contact our reception team to secure your slot on 01159301105 or speak to our friendly receptionist at any of the branches.

Don't delay book your flu vaccination today!!!

New Respiratory Syncytial Virus (RV) programme from September 2024

From 1 September 2024, those who turn 75 and those age 75 to 79 will be eligible for a free vaccine to protect them from respiratory syncytial virus (RSV).

RSV is an infectious disease of the airways and lungs. RSV infection often causes symptoms similar to a cold, including:

- cough
- sore throat
- sneezing
- a runny or blocked nose

It can also make you become wheezy or short of breath and lead to pneumonia and other life-threatening conditions. There is no specific treatment, and most infections will get better by themselves. Every year thousands of older adults need hospital care for RSV, and some of them will die. RSV can be more severe in people with medical conditions such as heart or lung disease or a weakened immune system.

Everyone turning 75 years old on or after the 1 September 2024 will be offered a single dose of RSV vaccine. This is because older adults are more at risk of serious complications from RSV. You can still get the vaccine up to the day before you turn 80.

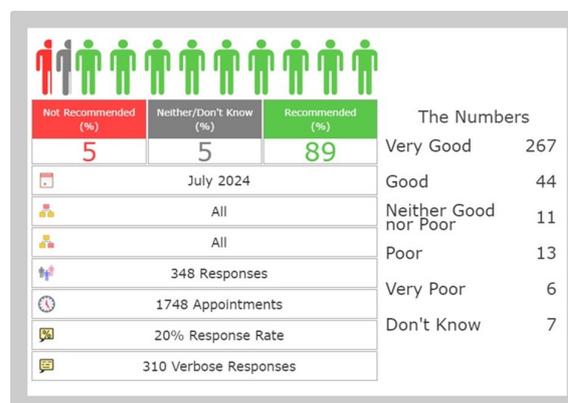
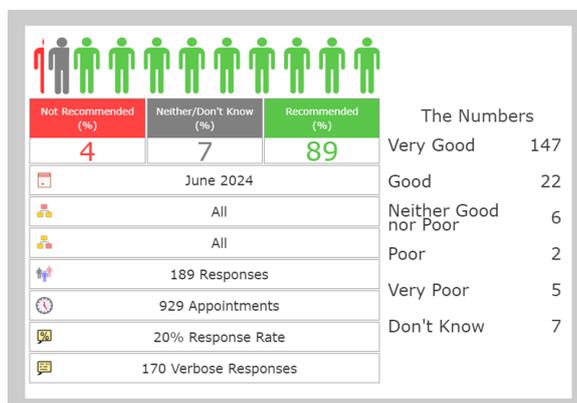
For the first year of the programme, the vaccine will also be offered to those who are already aged 75 to 79 years on 1 September 2024 as part of a catch up programme.

We have already started to contact eligible patients and if you are not yet 75 we will invite you for vaccination once you turn

Your Feedback- Friends and Family Test

The Friends and Family Test (FFT) is an important feedback tool that supports the fundamental principle that people who use NHS services should have the opportunity to provide feedback on their experience. Listening to the views of patients and staff helps identify what is working well, what can be improved and how.

The FFT asks patients if they would recommend the services they have used and offers a range of responses which are collated and publicised within our practice and also shared with NHSE. We are very grateful to all of you who took time to submit your answers and provided us with your feedback. We were pleased to receive so many responses. The results for June and July are as follow:



Getting to know us- Staff Update.

We have recently welcomed new members to our team. Dr Rachel Higginson joined our team in late April ; she works 2 days a week in the surgery. Dr Mahanbir Sidhu joined our team in June ,working 3 days a week .

And last but not least, Jenny joined our medicine management team in May providing support with any medication queries..

Sadly, we also said farewell to two of our nurses ,Abi and Carol. We would like to thank them for their contribution to the team over the years and wish them all the best in the future.



More information on our team is available on our website at www.oldstationsurgery.co.uk