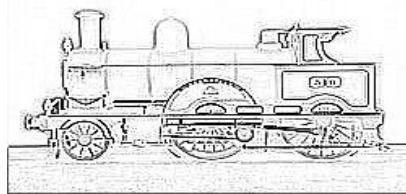


The Old Station Surgery

Heanor Road
Ilkeston
Derbyshire
DE7 8ES



Telephone: 0115 9301105

www.oldstationsurgery.co.uk

Advice to patients and caregivers who are on Montleukast

Infrequently, some patients may experience new or worsening changes in mood, sleep or behaviour such as nightmares, aggression, anxiety or thoughts about self-injury while using Montelukast

You should seek immediate medical attention if you or your child experiences these symptoms; your prescriber is best placed to advise you on stopping this medicine if needed.

It is very important to tell your friends and family that you are taking Montelukast and that this medicine is associated with infrequent neuropsychiatric side effects.

This is because you may not notice some changes in your mood, sleep and behaviour. Other people may notice changes or new symptoms that you need to talk to your prescriber about.

The Patient Information Leaflet that comes with all montelukast products now includes warnings and advice about these psychiatric side effects in a black box it is important to read the Patient Information Leaflet that comes with your medicine or your child's medicine.

Talk to a healthcare professional if you or your child are experiencing any problems with the medicine. Patients, parents, and caregivers can report suspected adverse drug reactions to Montelukast via the Yellow Card scheme.

[Montelukast: a medicine to prevent asthma symptoms - NHS](https://www.nhs.uk/medicines/montelukast/)

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